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## Why the Trump Administration's Climate Change Policy Is Bad for Your Skin

With the threat of mass deportations **tearing families apart**, **round two of the Muslim Ban**, **the ACA repeal**, and many other controversial issues coming from the current administration, we sometimes (unintentionally) end up pushing the environment farther down on the list of major concerns about the Trump presidency. We often think of **climate change** as something that happens wayyy in the future, and not in our lifetime. "The planet overheating isn't going to personally and individually affect me right now," we say. Well, newsflash, **climate change already is taking its toll** — right on your skin — every time you step outside.

That means more immediate risk of sun exposure and skin damage, since UVA and UVB rays can more easily filter through the thinning ozone layer — and not just when you're in a bathing suit at the beach. "The sun penetrates clothing *and* ultraviolet rays are reflected from water, sun, and buildings, along now with infrared to compound the damage," explains Dr. Julia T. Hunter, founder of **Wholistic Dermatology** in Beverly Hills. As Dr. Hunter explains, shorter UVB rays are responsible for sunburn, while longer more powerful UVA rays, which aren't absorbed by the atmosphere, penetrate deeper into the skin, causing "premature and accelerated aging," wrinkles, brown spots, and can burn skin at a deeper level. Both UVA and UVB rays are known to cause skin cancer, which is the most common cancer in the United States.