

AUGUST ~ SEPTEMBER 2006

The Fashion & Beauty Issue

Barry Diller & Diane Von Furstenberg:

Building a Media Empire & Fashion Powerhouse

Fall Fashion Trends

Fashionably Fabulous Femme Fatales over 40

Plus—The Latest in Spa Beauty Treatments & 5 Workouts to Get You Fit in 5 Weeks



Julia Tatum Hunter, M.D.

To have skin that is at its peak of health and beauty, we must treat the body internally and externally with:

- No harmful chemicals
- . The best tools for the job
- Products that work by getting through to the targeted areas

### Use Products and Procedures That Stimulate Rather Than Wound!

Your skin needs products that will not harm, exacerbate or wound the skin and body through transdermal absorption of harmful chemicals...or waste your money by doing nothing at all.

It is essential for results to be obtained and maintained that the skin is stimulated with medical-grade products that have therapeutic concentrations to restore and maximize each of the multiple cell types and collagen.

## skin fitness plus

# MEDICAL SKIN CARE THAT WORKS WITH YOUR BODY'S PHYSIOLOGY TO PREVENT, REVERSE AND REPAIR.

Skin is the largest organ of the body. We must treat it in a healthful and biologically correct approach, internally and externally. Fitness, nutrients and eating well have always been the program for a healthy and long life. This same gold standard holds true for skin health and beauty. The upside of health is beauty!

At Skin Fitness Plus we know that one size does not fit all. No two bodies are the same and no two skin types have the same needs. The skin is made up of multiple cell types and collagen. Only by addressing each element and layer of the skin and without harmful chemicals, which compound the damage, can we slow down the body's clock as much as possible. The key to obtaining and sustaining the optimum results in skin care, laser procedures and surgery is to deliver the needed treatments, products, vitamins, minerals and anti-oxidents to where they are utilized by the cells. The side effects of our therapies are beauty and good health.

### We're keeping you out of the Operating Room...

There is an alternative that works just as well as plastic surgery – where you can turn back the clock and still look like yourself – anly younger! Products, lasers and procedures chosen, administered correctly and individualized for your physiology, can provide the same result as plastic surgery by tightening, lifting and repairing with no downtime, no incisions, no scars, and give you a better value for your money.

Not all lasers are alike nor equal...you must have the right tool for the job. There are many different lasers on the market. Just as products need to be individually prescribed and physiologically correct for your body...so does the laser and laser procedure.

#### Julia Tatum Hunter, M.D.

462 N. Linden Drive, Suite 440 Beverly Hills 90212 • 310.247.8744

www.skinfitnessplus.com